# PERSONAL GROWTH & DEVELOPMENT

## WELCOME TO NM 4-H

Class #	Project #	Class Description
400	05001	4-H Banner (no larger than 18x24 inches) including name, club, county and clover. Embellished using an electronic craft cutting machine (also known as a die cutter or cutting plotter).
401	05001	4-H Banner (no larger than 18x24 inches) including name, club, county and clover. Embellished using any other technique other than an electronic craft cutting machine (examples: paint, glitter, buttons, sequins, etc.).
402	05001	Decorated 4-H T-shirt (must have a 4-H theme). Embellished using an electronic craft cutting machine (also known as a die cutter or cutting plotter).
403	05001	Decorated 4-H T-shirt (must have a 4-H theme). Embellished using any other technique other than an electronic craft cutting machine (examples: paint, glitter, buttons, etc.).
404	05001	Frame decorated with 4-H clover and slogan or motto - no larger than 9x12 inches with a photo of 4-H members or a 4-H activity (frame may not contain glass)
405	05001	Poster showing your participation in a 4-H event or activity
406	05009	Self-Determined advanced Growth & Development Exhibit including Self-Determined Project Record Sheet 300.SD.1

#### **HEALTH & SAFETY**

Class #	Project#	Class Description
407	05040	Sports Fitness Exhibit
408	05049	Self-Determined advanced Physical Fitness Exhibit including Self-Determined Project Record Sheet 300.SD.1
409	05029	Self-Determined advanced Health Exhibit including Self-Determined Project Record Sheet 300.SD.1
410	05039	Self-Determined advanced Safety Exhibit including Self-Determined Project Record Sheet 300.SD.1

## **CITIZENSHIP**

Class #	Project#	Class Description
411	05351	Unit I – My Clubs and Groups project Exhibit
412	05352	Unit II – My Community project Exhibit
413	05353	Unit III – My Heritage project Exhibit
414	05354	Unit IV – My Government project Exhibit
415	05355	Unit V – My World project Exhibit
416	05359	Self-Determined advanced Citizenship Exhibit including Self-Determined Project Record Sheet 300.SD.1

#### **LEADERSHIP**

Class #	Project#	Class Description
417	05201	Leadership I – Poster demonstrating personal leadership
418	05203	Leadership II – Photo story showing personal leadership event
419	05205	Leadership III – Written goals, action plan and results of a leadership event encouraging leadership in others
420	05209	Self-Determined advanced Leadership Exhibit including Self Determined Project Record Sheet 300.SD.1

#### **SPEAKING**

Class #	Project #	Class Description
421	05301	Written speech on a topic of choice given at a 4-H Event
422	05301	Portfolio on a speech given at a 4-H Event. Must include written speech, supporting materials (such as photos, news articles, letters, awards or other pieces of information that support speech given), and a reference list of sources used.
423	05301	Picture Display of Visual Aids Used to Support a Presentation
424	05301	Video of Speech (include a one-page document to display which includes title of speech, name, county, age division and 5 x 7 picture of member presenting speech in addition to jump drive)
425	05301	Written story of your Public Speaking experience
426	05309	Self-Determined advanced Public Speaking Exhibit including Self-Determined Project Record Sheet 300.SD.1

## **CLOWNING**

Class #	Project#	Class Description
427	05401	Clowning project Exhibit
428	05409	Self-Determined advanced Clowning Exhibit including Self- Determined Project Record Sheet 300.SD.1

## **DIGITAL STORY TELLING**

Class #	Project #	Class Description
429	05311	Exhibit about Digital Story Telling
430	05311	Digital Story with a 4-H Theme (include a one-page document to display which includes
		title of digital story, name, county, age division and 5 x 7 picture of a slide, screenshot, link,
		QR code, etc. of your story in addition to jump drive)
431	05311	Digital Story with a non-4-H Theme (include a one-page document to display which includes
		title of digital story, name, county, age division and 5 x 7 picture of a slide, screenshot, link,
		QR code, etc. of your story in addition to jump drive)

## **NEW MEXICO FLAVOR**

Class #	Project #	Class Description
502	05501	Plate of three (3) Flour Tortillas (specify flour type)
503	05501	Chile Ristra
504	05501	Recipe Box with Recipes
505	05501	Plate of three (3) Biscochitos
506	05501	Plate of three (3) NM Wedding Cookies
507	05501	Plate of three (3) Corn Tortillas
508	05501	Plate of three (3) Empanadas

# UNIQUELY NEW MEXICO

Class#	Project #	Class Description
509	05502	Journal about a County Trip
510	05502	Small Sand Art Article (4"x4", 5"x5", or 6"x6")
511	05502	Large Sand Art Article (8"x11" or 12"x12")
512	05502	Tin Art Article
513	05502	Corn Necklace
514	05502	Cornhusk Doll
<b>515</b>	05502	Piñata using technique from the project book (ex; star or donkey)
<b>516</b>	05502	Any Pinata using other techniques.

517 05502 Cr
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# NEW MEXICO ROUNDUP

Class #	Project #	Class Description
<b>518</b>	<b>05503</b>	Rope Article
<b>519</b>	<b>05503</b>	Plate of three (3) sourdough biscuits
<b>520</b>	<b>05503</b>	Beef Jerky – four (4) strips
521	05503	Poster of Your County Agricultural Products
522	05503	Poster on the Cattle Industry in New Mexico
523	05503	Poster on the Sheep Industry in New Mexico
524	05503	Craft of Your Choice using a recycled boot (Boot must be deconstructed or altered from original state.)
530	05509	Self-Determined advanced Cultural Education Exhibit including Self-Determined Project Record Sheet 300.SD.1